

Rebecca Ashbrook Carrell



Rebecca Carrell is, in order of importance, a joyful Jesus follower, wife to Mike, mother to Caitlyn and Nick, conference speaker, author, and broadcaster. After spending over twenty-three years on the radio in Dallas/Fort Worth, she now works fulltime at Dallas Theological Seminary where she mentors and ministers to students. Rebecca also co-hosts the podcast *Honestly, Though: Real Talk. Real Life. Real Faith.*

Her books include *Holy Jellybeans: Finding God through Everyday Things*, and *Holy Hiking Boots: When God Makes the Ordinary Extraordinary*. She also spent over two years hosting the *Honest Conversations: Looking at Tough Topics through a Biblical Lens* podcast.